Preventive Services & Wellness Visits

PRIORITIZE YOUR HEALTH THIS MAY

Use Medicare's preventive services to detect early health issues.

- Regular check-ups and screenings are vital for a healthy lifestyle.
- Schedule your annual wellness visit for a comprehensive health evaluation.
- Contact your healthcare provider to prioritize your health this May!

PREVENTATIVE SCREENING & WELLNESS VISITS

Medicare offers free preventive services, including

- Cardiovascular screenings
- Diabetes screenings
- Cancer screenings
- Bone mass measurements
- Flu shots and vaccines
- Depression screenings
- Abdominal aortic aneurysm screening

Your Annual Wellness Visit is a preventive yearly appointment that includes

- A personalized prevention plan
- Health risk assessment
- Review of medical and family history
- Measurement of vital signs
- Cognitive assessment
- Updated screening schedule
- This visit is fully covered by Medicare Part B with no copay or deductible for in-network providers.

WHY PREVENTATIVE CARE MATTERS?

1. Early problem detection helps in treatment.
2. Prevention is more cost-effective than treating advanced conditions.
3. Regular screenings support a healthier, longer life.
4. Awareness of health status enhances well-being.
5. Regular visits foster a strong doctor-patient relationship.

FREE HELP IS AVAILABLE!

Virgin Islands State Health Insurance Assistance Program (VISHIP)
Counselors

- St. Thomas/St. John: 340-774-2991 **Ext. 4507 or 4508**
- St. Croix: 340-773-6449 **Ext. 3151 or 3152**

Medicare Hotline

- 1-800-MEDICARE (1-800-633-4227)
- TTY 1-877-486-2048 (24/7)

IMPORTANT

Ensure your health is a priority—these services are FREE with Medicare!

SHIP State Health Insurance Assistance Program